**Paediatric First Aid**

(2 Day Course)

This 2-day course is suitable for people aged 16+ who care for children in any professional setting (e.g. nannies, child-minders, nursery workers and au pairs), and is specifically aimed at newly qualified level two or three years childcare staff.

The certificate last 3 years and meets the Health and Safety (First Aid) Regulations 1981.

Topics covered include, how to help a baby or child who;

* Is unresponsive and breathing
* Is unresponsive and not breathing
* Is in cardiac arrest, the safe use of a automated defibrillator device and post defibrillation care
* Is having a seizure;
* Is choking;
* Is bleeding
* Is suffering from shock
* Has burns or scalds
* Complete and accident form
* Has an object in their eye, ear or nose
* Has hypothermia or heat exhaustion
* Has sickness or a fever

This course also covers what do if someone is having a medical emergency, including:

* Meningitis
* Diabetic emergency
* Severe allergic reaction (anaphylactic shock)
* Injury to a bone, muscle or joint.
* Spinal injuries
* Head injury
* Swallowed something harmful
* Repeated seizures